

**In the Footsteps of St. Benedict - with Fr. Cassian Folsom, OSB
Pilgrimage/Retreat celebrating the 20th Anniversary of the founding of
The Community of The Monks of Norcia
18 September – 28 September, 2018**

**CATHOLIC
FAITH
JOURNEYS**

Day 1 Tues Sept 18 – Depart USA for overnight flight to Rome.

Day 2 Wed Sept 19- Rome/Norcia Upon arrival in Rome set off into the wild hills of Umbria for the Norcia; birth place of St. Benedict and his twin sister, St. Scholastica, in 480. Upon arrival meet with Fr. Cassian, founder of the Monks of Norcia, and host for our stay in Italy. After time to freshen up we will head into the town of Norcia. We will visit the local shops, the square where the Statue of St. Benedict reminds us of the rule, and see where the Basilica of St. Benedict stood before earthquakes of 2016. Join the Monks for Vespers then dinner and overnight. (D)

Day 3 Thu Sept 20 – Today will be a retreat day planned by Fr. Cassian. Dinner and overnight in Norcia. (B, D)

Day 4 Fri Sept 21 – Norcia/Assisi/Norcia - Early departure for our excursion to Assisi, the 12th Century birthplace of St. Francis & St. Clare, who, like Benedict & Scholastica, dedicated their lives to God and changed history. Upon arrival will visit the Basilica of St. Mary of the Angles which houses the Porziuncola. We will continue up to Assisi and enter the walled city to visit the Church of Santa Clara which houses her incorrupt body and the Basilica of St. Francis where his remains are located. Enjoy time in Assisi for some lunch and shopping. Return to Norcia for dinner and overnight. (B, D) (Mass to be scheduled somewhere in Assisi or St. Mary of the Angels). (B, D)

Day 5 Sat Sep 22 – This morning we make our way to Cascia, home of St. Rita. Time permitting some may wish to make a small walking pilgrimage back to Norcia. From Sarevalle to Norcia walk the old railroad line as you meditate on spiritual reflections given by Fr. Cassian. If we have time we will make a visit to the church remains of Santa Scholastica and Sant Eutizio. Return to Norcia for dinner and overnight. (B, D). (The bus will take all those who do not wish to walk to Norcia from Saravelle).

Day 6 Sun Sept 23 – Norcia/Subiaco - Morning departure for the Monastery of Sacro Speco in Subiaco. Prior to our arriving in Subiaco we will stop for lunch. Upon arrival we will visit this monastery built into a mountain cliff overlooking spectacular natural scenery. This monastery enshrines the sacred cave where St. Benedict spent three years living an eremitical life. Mass to be celebrated in Sacro Speco. Dinner and overnight at the Monastery of Santa Scholastica, also founded by St. Benedict. (B, D)

Day 7 Mon Sept 24 - Subiaco/Monte Cassino/Rome Morning departure for Monte Cassino, where in 529, St. Benedict founded the abbey on the ruins of a pagan fortress. Monte Cassino, world renowned as a beacon of holiness and culture as well as the burial place of its beloved founder. This afternoon we take our departure and head for the Eternal City, Rome. Upon arrival we check into our hotel with time before dinner free. (B, D)

Day 8 Tue Sept 25 – Rome Morning tour of Christian Rome to include St. Mary Major, St. John Lateran and Santa Croce in Gerusalemme. The afternoon celebrate Mass in Santa Trinita dei Pellegrini in the historic area of Rome. The remainder of your day is free for leisure or perhaps explore Rome on your own. Enjoy the Piazza Navona, the Pantheon and/or Trevi Fountain. Or you may wish to do some shopping or enjoy a caffè or gelato (B, D)

Day 9 Wed Sept 26 Rome - This morning we will head to St Peter's Square for the Papal Audience, pending confirmation. After lunch we head to St. Paul Outside the Walls where we will celebrate Mass, continue to the Catacombs. Return to the hotel for dinner and overnight in Rome. (B, D)

Day 10 Thu Sept 27 – After breakfast we make our way to the Aventine Hill to visit Sant'Anselmo, Santa Sabina, and Sant'Alessio. Celebrate Mass at Sant'Anselmo. The remainder of the day at your leisure.

Day 11 Fri Sept 28 – Rome/USA Morning departure to Fumicino Airport for your return flight to USA.

Some evening gatherings, led by Fr. Cassian, will take place throughout the pilgrimage.

The itinerary, especially in Umbria, will be monitored and updated based on progress of rebuilding from the earthquakes of 2016.

While in Norcia all are invited to join the monks for Terce and Mass in the morning and Vespers in evening in the new chapel.

A Scavi Tour will be requested. If confirmed the itinerary and free time may be adjusted to accommodate the tour.

NOTE: While no changes are anticipated, there may be occasions when certain alterations become necessary to this itinerary due to changes beyond our control. All Masses are subject to final confirmation.

A portion of the proceeds from this pilgrimage will be donated to the Monastery of San Benedetto.

www.catholicfaithjourneys.com



Total Cost: \$3,989.00 per person, **Cash/Check discount**, based on 20 participants, double occupancy.
Full price paying with credit card: \$ 4,148.00.

Included

- Group air out of NY or DTW **based on 10 Participants per gateway.**
(See terms and conditions)
10 Seats available out of NY / 10 seats available out of DTW
- 9 Nights accommodations
- 9 Breakfasts and Dinners
- English speaking tour escort/guide throughout
- Private motor coach throughout
- Transfer from Rome (FCO) airport, to Norcia for those arriving on group air from NY or DTW or arriving by **10:15 am on 19 September.**
- Transfer from Rome Hotel to FCO based on first group flight departing at 11:15 am.
- Entrance fees as noted in itinerary
- Private Mass arrangements
- Taxes and fuel surcharge
(subject to increase 30 days prior to departure)

Not Included

- Optional Travel insurance:
(strongly recommended)
- Lunches & beverages w/meals
- All tips to tour escort's, guides and drivers
- Items of personal nature
- Any items not specifically mentioned
- **Limited Single rooms add: \$ 799.00**

CONTACT:

Margaret McDaniel
Phone: 419-290-8782

magic@catholicfaithjourneys.com